



Lenten Prayer of Saint Ephrem

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.

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But give rather the spirit of chastity, humility, patience, and love to Thy servant.

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Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.

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